

Butcher



Boneless Pork Neck
(Fresh)

€ 5.99/ Kg



Chicken Wings
(Fresh)

€ 1.99/ Kg



Minced Pork
(Fresh)

€ 4.99/ Kg



Chicken Legs
(Fresh)

€ 2.49/ Kg



Chicken Shish Kebabs

€ 10.49/ Kg



BBQ Pork Ribs

€ 8.99/ Kg



Ossobucco
(Fresh)

€ 10.75/ Kg



Namibian Tagliata
(Fresh)

€ 21.99/ Kg

Fish



Tiger Prawns

€ 9.95/ Kg



Salmon Fillet

€ 14.95/ Kg



Awrat
(Local)

€ 7.99/ Kg



Perch Fillet

€ 12.95/ Kg

Deli



Levoni Roasted Turkey

€ 2.19/ 100g



Coati Gold Prosciutto Cotto

€ 0.59/ 100g



Raspini Roast Beef

€ 2.69/ 100g



Danish Salami

€ 0.89/ 100g



Red Leicester Cheese

€ 0.89/ 100g



Mexicana Cheddar Cheese

€ 1.69/ 100g



Cranberry Cheese

€ 1.59/ 100g



Gruyère Cheese

€ 2.49/ 100g

Fruit & Veg



Brown Onions

€ 0.59/ Kg



Carrots

€ 0.85/ Kg



Avocados x6 (Green)

€ 4.75/ Per Packet



Stir-Fry Mix

€ 1.99/ Per Packet



Potatoes (Net)

€ 1.98/ Per Net



Apples (Red & Green)

€ 3.75/ Per Bag



Oranges (Net)

€ 1.98/ Per Net



Pineapple (Whole)

€ 1.48/ Per Piece



Mangoes (Whole)

€ 2.00/ One Piece
€ 4.50/ Three Pieces

Bakery



Freshly Baked Everyday



150g

Evrofarma
Greek Yoghurt
• 0% Fat
• 2% Fat
• 10% Fat

€0.59

€1.50



2x125g

Decò
Fresh Yoghurt
Range

€0.69

€1.75



6x50g

Stuffer
• Silvretta Latte & Frutta
• Cremolo Maxi Doppio Gusto

€1.25

€3.50



500ml

Evrofarma
Kefir Plain

€0.79

€1.90



500g

Meadow Lea
Original Butter

€2.49

€3.79



100g

Biraghi
Grated Cheese

€1.65

€2.75



150g

Frico
Cheese Slices
• Edam
• Gouda
• Maasdam
• Mimolette
Selected Items

€1.59

€2.79

€ 1 OFF



150g

Fior di Vita
Shredded Cheese
• Edam
• Gouda
• Cheddar
• Mozzarella
Selected Items

€1.79

€2.79



200g

The Cheshire Cheese
Cheddar Range

€3.99

€6.50

€ 1 OFF



150g

Stuffer
Vivita Focchi Di Latte

€0.99

€1.99



x4

Kinder
Paradiso

€2.49

€3.25



250g

De Angelis
Fresh Pasta
Range

€2.95

GLUTEN FREE
€4.50

200g



Dewfresh
• Back Bacon
• Collar Bacon
• Streaky Bacon

€1.75
~~€2.49~~

1



Rovagnati 1
Salame Milano
100g

€2.75
~~€5.50~~

2



Rovagnati 2
Prosciutto Crudo
100g

€3.45
~~€6.50~~

1Kg



Darta
• Peas
• Leaf Spinach
Portions (Frozen)

€1.99
~~€3.07~~

400g



La Cieurma
Shrimps tail on
31/40 IQF

€4.99
~~€9.69~~

X6 BURGERS



Blackstone
Homestyle
Beef Burgers

€4.59
~~€7.35~~

1Kg



Greens
• Chicken Cutlet 770g
• Chicken Cutlet 770g

€3.59
~~€7.00~~

750g



Aviko
Super Crunch
• Oven Fries
• Julienne

€2.99
~~€5.22~~

1



Buitoni 1
Forno Di Pietra
• Ham & Mushroom
325g
• Salamino 300g

€2.69
~~€4.79~~

2



Buitoni 2
La Alta
Margherita 375g

€1.99
~~€4.39~~

400g



Barilla
Bolognese Sauce

€2.19
~~€2.85~~

1Kg



Barilla
Sauce - Basilico
- Ricco
- Amatriciana
- Pomodoro
- Arrabbiata
300g-400g
Selected Items

€1.69
~~€2.75~~

700g



Valfrutta
Passata Di
Pomodoro
Vellutata Al
Vapore

€0.89
~~€2.15~~

ONLY FOR GREENS VALUE MEMBERS

1Kg
LIMIT OF 6 UNITS



Alberto Poiatti
Pasta Range

€0.89
~~€1.50~~

ONLY FOR GREENS VALUE MEMBERS

206g



Mississippi Belle
Macaroni &
Cheese

€1.35
~~€2.50~~

€4 OFF

5Kg



Mai Thai
AAA Jasmine
Rice

€15.99
~~€19.99~~

SUPER PRICE

2Kg



Laila
Easy Cook
Long Grain
Rice

€4.99
~~€7.25~~

€2 OFF

500g



Natco
Couscous

€1.49
~~€3.49~~

SUPER PRICE

4 PACK



Heinz
Baked Beans
4x415g

€3.99
~~€5.87~~

1



1 Heinz
Squeazy
Mayonnaise
800ml

€3.75
~~€6.85~~

2



2 Heinz
Squeazy Tomato
Ketchup
875ml

€3.99
~~€6.84~~

SUPER PRICE

290ml



Lea & Perrins
Worcestershire
Sauce

€2.59
~~€4.15~~

€2 OFF

5L



Greens
White Vinegar

€1.99
~~€3.99~~

SUPER PRICE

240 PCS



Greens
Tea Bags

€3.99
~~€6.50~~

SUPER PRICE

FAMILY SIZE (MAGNUM)

30 CAPS
LIMIT OF 6 UNITS



Nescafé
Dolce Gusto
Coffee Caps
Magnum
Range

€6.85
~~€9.69~~

ONLY FOR GREENS VALUE MEMBERS

190g
LIMIT OF 6 UNITS



Nescafé
Gold Blend
Coffee

€6.25
~~€8.99~~

ONLY FOR GREENS VALUE MEMBERS

1L
LIMIT OF 6 UNITS



Decò
Semi-Skimmed Milk
LACTOSE FREE

€0.99
~~€2.25~~

ONLY FOR GREENS VALUE MEMBERS

250g



Schär
Corn Flakes High In Vitamin B
GLUTEN FREE

€1.99
~~€3.35~~

SUPER PRICE




700g

Kellogg's
Special K

€3.70
~~€6.85~~

300g



Nestlé
Trix Cereal Fruity Shapes

€3.99
~~€5.50~~

400ml



Natco
Coconut Milk - Rich & Creamy - Light

€1.39
~~€2.75~~

€6 OFF

500g



Plough
Butter Ghee

Natco
Pure Butter Ghee

€4.99
~~€10.99~~

€4 OFF

975g



Trevijano
Chia Seeds

€7.99
~~€11.99~~

200g



Decò
Salted Crackers
GLUTEN FREE

€1.99
~~€3.45~~

€2 OFF

304g
LIMIT OF 6 UNITS



Nutella
Biscuits

€2.50
~~€4.50~~

ONLY FOR GREENS VALUE MEMBERS


6 PCS



Melegatti
Croissant Range

€1.99
~~€3.25~~

55g



Decò
Protein Bar - Cioccolato - Cocco

€0.79
~~€1.75~~

165g



Pringles
Chips - Original - Hot Paprika - Salt & Vinegar - Sour Cream & Onion
Selected Items

€1.49
~~€2.70~~

ONLY FOR GREENS VALUE MEMBERS

SUPER PRICE

3kg



WEIDER
COLLAGEN PEPTIDES
SKIN, CARTILAGE AND BONE SUPPORT - ZERO SUGAR & LOW FAT

Weider
Collagen Peptides

€79.95
~~€125.00~~

SUPER PRICE

32 PCS
LIMIT OF 6 UNITS



Tampax
Kompak Tampons - Regular - Super

€2.99
~~€6.50~~

ONLY FOR GREENS VALUE MEMBERS

€3 OFF

125ml



Nivea
Eye Make-Up Remover
Selected Items

€2.99
~~€5.99~~

SUPER PRICE



Nivea
Shampoo 200ml - 250ml Range

€1.99
~~€3.50~~

SUPER PRICE

50ml



Nivea
Roll-On Deodorant
Selected Items

€1.69
~~€3.15~~

500ml



Infasil
Shower Gel - Neutral - Moisturising Range

€2.35
~~€4.50~~

64 SHEETS



Kleenex
Facial Tissues Balsam 3 Ply

€1.45
~~€2.19~~



Join our Greens Value

- BENEFIT FROM **CASHBACK**
- COLLECT **LOYALTY POINTS**
- UNLOCK **EXCLUSIVE OFFERS**

SCAN THE QR CODE TO DOWNLOAD THE GREENS VALUE APP



T&Cs Apply

2 PLY



Scottex
Jumbo
Kitchen Roll

€3.50
~~€5.00~~

SUPER PRICE



LIMIT OF 6 UNITS

Pampers
Active Baby
Nappies
- Size 7 (15+kg)
44Pcs
- Size 5 (11-16kg)
54Pcs
- Size 3 (6-10kg)
66Pcs

€8.99
~~€15.61~~

ONLY FOR GREENS VALUE MEMBERS

€3 OFF



1.5L
LIMIT OF 6 UNITS

Chicco
Fabric
Softener

€3.99
~~€6.99~~

ONLY FOR GREENS VALUE MEMBERS

SUPER PRICE




12 ROLLS

Decò
Toilet Paper
3 Ply

€2.99
~~€5.35~~

1L
LIMIT OF 6 UNITS



Ben Fatto
Dishwashing
Liquid

€0.79
~~€1.65~~

ONLY FOR GREENS VALUE MEMBERS

€6 OFF



72 CAPS

Fairy
Dishwashing
Caps Lemon

€10.99
~~€16.99~~

250ml



Finish
Dishwashing
Liquid
- Original
- Lemon
Range

€2.49
~~€3.77~~

SUPER PRICE



84 WASHES
LIMIT OF 3 UNITS

Dixan
Laundry Powder
Detergent

€11.99
~~€21.50~~

ONLY FOR GREENS VALUE MEMBERS

SUPER PRICE



60 WASHES
LIMIT OF 6 UNITS

Dash
Laundry Liquid
Detergent
- Regular
- Colour
- Lavander
2.80L Range

€9.99
~~€18.00~~

ONLY FOR GREENS VALUE MEMBERS

€1 OFF



750ml

Astonish
Selected Items

€1.75
~~€2.99~~

ONLY FOR GREENS VALUE MEMBERS

€6 OFF



200 WASHES
LIMIT OF 6 UNITS

Lenor
Fabric Softener
4L Range

€9.99
~~€15.99~~

ONLY FOR GREENS VALUE MEMBERS

HALF PRICE



60g

Catisfactions
Cat Food
Range

€1.15
~~€2.30~~

10 PCS



Decò
Super Absorbent
Dog Training
Mats
60x60 cm

€2.49
~~€3.95~~

Don't miss our limited-time midweek deals!

Available every

TUESDAY

WEDNESDAY

THURSDAY

on our Facebook and WhatsApp channel.

ONLY FOR GREENS VALUE MEMBERS



Follow us
Scan the QR codes:





€5.99

€12.00

Kynast
PLANT TROLLEY ROUND
BEECH
Ø 30CM

€3.99

€8.90

Kynast
GARDEN LED SOLAR



€4.99

€10.00

Kynast
SOLAR TORCH WITH
FLAME EFFECT
H: 50CM

€5.99

€12.00

Kynast
PLANT TROLLEY SQUARE
BEECH
30 X 30CM



€1.99

€5.70

Kynast
SOLAR GLASS BALL LAMP
FOR HANGING
6 X 9CM



€2.99

€6.65

Kynast
SOLAR GARDEN GLASS
BALL LAMP LED
6 X 34.5CM



€3.50

€7.75

Kynast
GARDEN LED SOLAR
LIGHTS



€7.99

€17.75

Kynast
SOLAR GARDEN BALL LAMP
WITH GROUND SPIKE
Ø 20 CM



€1.49

EACH POT

Calandiva
(Pot Size Ø10cm)

€4.99

€11.00

LET THE SUNSHINE
COOLER BAG RED, LIGHT
GREEN & LIGHT BLUE
14 LITERS / 33 X 21 X 20.5CM



€2.99

€8.55

LET THE SUNSHINE
COOLER BAG RED, LIGHT
GREEN & LIGHT BLUE
4 LITERS / 20 X 15 X 13.5CM



€9.95

€20.00

Kynast
FOLDING CHAIR
LIGHT GREEN, RED, GREY,
DARK BLUE, DARK GREEN



Disney
MARVEL



GLOVES
SPIDEY/MINNIE
WINNIE THE POOH
€5.29
Was €8.85



DOORMAT
MICKEY/STITCH
WINNIE THE POOH/ EYVORE &
PIGLET
€15.59
Was €22.30



DOORMAT
BUZZ LIGHTYEAR/
LOTF50
€15.59
Was €22.30



WATERING CAN
STITCH/MINNIE
€13.99
Was €20.00



BUCKET
MINNIE/WINNIE THE POOH
SPIDEY/STITCH
€10.99
Was €15.75



SHOVEL
MINNIE/STITCH
WINNIE THE POOH
€9.49
Was €14.60



GARDEN SET
MINNIE/STITCH
€9.49
Was €14.60



APRON
MINNIE/MICKEY
€10.49
Was €16.20



PLANT BAG
MINNIE/ADULT MICKEY
SPIDEY/STITCH
€10.99
Was €15.75



DUSTPAN & BRUSH
MINNIE/MICKEY
SPIDEY/WINNIE THE POOH
€10.49
Was €16.20



BROOM
SPIDEY/STITCH
WINNIE THE POOH
€9.49
Was €13.55



HIGH CASSEROLE WITH
GLASS LID STAINLESS STEEL 24CM
(INDUCTION, GAS, ELECTRIC AND
CERAMIC HOBS)
SILIT
€19.95
was €36.30



BOWL SET
18CM/22CM
SILIT
€9.95
was €18.00



MULTIQUICK
HAND BLENDER
BRAUN
€79.85
was €133.10

30%
OFF



CITRUS QUICK 5
BRAUN
€49.50
was €71.00

60%
OFF



WATER KETTLE 1.7L
BLACK / WHITE 2200W
TRISTAR
€9.99
was €25.00

40%
OFF



REVERSIBLE PILLOW
HOTEL GRAND
€29.95
was €49.95



HEINEKEN
Beer 330ml



DESPERADOS
Tequila Flavoured
Beer 330ml



ASAHI
Super Dry
Beer 330ml



TUBORG
Beer 500ml



BAVARIA
8.6 Original
Beer 500ml



LAURENT ET CÉLINE NOTTON
Chablis White
Wine 750ml
vivo rating: ★★★★★



DOMAINE DU BUISSON
Rosé d'Anjou, Sauvignon
Wine 750ml



LA PIQUETA
Cabernet Sauvignon, Pinot Noir, Chardonnay,
Carmenere, Sauvignon Blanc, Merlot & Syrah Reserva
Wine 750ml



ROCCA DEL DRAGONE
La Falanghina IGP Campania
Wine 750ml



ROCCA DEL DRAGONE
Greco Di Tufo DOCG
Wine 750ml
vivo rating: ★★★★★



MONTECORE
Primitivo Puglia
Wine 750ml
vivo rating: ★★★★★



HENDRICK'S
Gin 700ml



SMIRNOFF
Red Label
Vodka 700ml



GRANT'S
Scotch Whisky 700ml



MAXX
Circus, Meloo, Mojito, Happy
Energy Drink 250ml



APERITO
Aperitivo Spritz, Limoncello Spritz
200ml - Pack of 3 units



GREENS
Bitter Lemon, Tonic Water Zero,
Tonic Water 1L



GREENS
Aranciata, Lemonade, Cola, Cola Zero,
Soft Drinks 1.5L



GREENS
Ice Tea Peach 1.5L



ELAN
SPARKLING
Water 1.5L



AQUANI
Still Water
Excluding 10c
BCRS Deposit
ONLY FOR GREENS
VALUE MEMBERS



JOIN OUR NEW
WhatsApp Channel

Scan the QR Code
for more information

